1: Junod M-5 (1895-1909)1927 Thonga

II. *The sexual and language taboos of the sungi.*

881 The whole sungi is taboo to every uninitiated person and especially to women. A woman who has seen the " shondlo ", viz. the leaves which the circumcised put over their wound, and which form their only clothing, must be killed. But taboos abound for everybody. The sexual taboos are most noteworthy. Sexual intercourse is strictly prohibited to all inmates, men as well as shepherds ; breaking this law would kill the circumcised. Therefore the men must not go home, or at least as seldom as possible, during these three months. Married people in the village may have sexual relations ; but there must be no noise, no quarrels between jealous co-wives ; because, if they insult each other and if this is known in the sungi, the shepherds will come one evening and plunder that village. Strange to say, in the meantime obscene language is permitted and even recommended— a contrast which we shall often meet with during the marginal periods. Some of the formulae contain expressions which are taboo at other times ; when the women bring the food to the sungi, the shepherds who receive it from their hands are allowed to address them with as many unchaste words as they like. The mothers themselves have the right of singing obscene songs when they pound the mealies for the sungi.

192 As regards language, there are also special expressions used during the school which are either archaic or foreign ; for instance, 881 all orders are given in a tongue which is neither Thonga nor Sutho : Tshai goma, Go to the table ; Thari, Eat [illegible]i, Smear with white clay, etc. Often actions are not de[illegible] by the ordinary word, but by unusual terms. For instance, the daily smearing of the bodies with clay is called : " to eat sheep's fat. " To put on the leaves of the shondlo is " to eat sheep's flesh. " To be beaten with the mbiti sticks is " to drink goat's milk. " Evidently the aim of this terminology is to increase the impression of mystery which the rites must convey to the uninitiated.

866 As regards the rites of the marginal period, they are calculated 881 to give the candidates the impression that they are new men,

888 In time of war, old people die in great numbers. During moments of panic, they are hidden in the wood, in the palm-tree swamps, while all the able-bodied population run away. They are killed by the enemy, who spares no one (it is the law of war), or they die in their hiding-places of misery and hunger!

As may be seen, the eve of life is very sad for the poor Thonga. There are however children who, to the end, show much devotion to their parents. The most to be pitied are those who fall to the charge of remote nephews or cousins. They can only repeat in a broken voice the sad refrain : " Ba hi shanisa! " — " They treat us very badly! "

G. DEATH

1. *The last days.*

763 313 834 761 Manyibane, the headman of a big village near Rikatla, is dangerously ill. The men of his kraal, his friends, have come to inquire about the illness (kamba shinyonga) and have learned that it is serious. They issue this order to all the inhabitants : " Thulan psilawen! " — " Keep each of you in his sleeping place, (viz. the men to the right of the hut, the women to the left) and have no more relations. It is taboo! The man would die! " Should visitors come, they are not allowed to enter the village. They must have kept " pure " for two days at least. Two sticks are planted on either side of the door of the hut, and a third is put over them so as to close the entrance. " It is the way black people have of making their proclamation, " says Mboza. " Everybody will know that a dying man is there and nobody will come in. " Should another man of the village have had relations with the same woman as the patient, he is doubly prohibited from seeing him, because the patient would break out into perspiration and die immediately. This is the great law of *matlulana*, as we shall see.

754 Of course the *ñanga* (doctor) has been called already. He

1: Junod M-5 (1895 ;09)1927 Thonga

765 783 761 834 839 inner circle and will undergo a very rigorous purification ; the grave diggers come next ; then the inhabitants of the bereaved village, the relations residing in other villages, even the relatives of the wives of the deceased. All these being unclean are placed beyond the pale of society : "Muti wu tjumile," "the village is dark," is the technical expression. This marginal period lasts longer for those who are most affected ; one year and more for the widows, one month for the village, five or six days only for the mourners from outside. But there are many taboos in connexion with this period. Sexual relations are severely prohibited amongst married people, but the *gangisa* is not so strongly objected to, at any rate in some districts. We shall also meet with the aggregation rites by which re-entry into the ordinary mode of life is secured. The funeral rites may last for one year and are very complex. There are three great moments in the sequence of these rites : 1) *The Great Mourning* which lasts a few days, just after the burial, generally only five days. Here the purification is essentially medical and aims at cleansing the persons and the objects which were directly in contact with the deceased. 2) *The sexual rites* which tend to purify the collective life of the village by the removal of its defilement. 3) *The family rites*, consisting in gatherings of all the relatives, and accompanied by religious ceremonies. These seem to aim at restoring the life of the family, viz. of the social group, which has been diminished by the death of one of its members.

768 This general sequence is found in all the clans. But the rites themselves differ greatly ; I shall try to depict these differences clearly. My information is more complete as regards the Ronga clans, but I owe to Viguet some entirely new and very interesting material regarding the Hlabi rites.

IV. *The Great Mourning of the first five days.*

1) The Great Mourning amongst the Ba-Ronga.

764 783 [824] Just after the burial, all the inhabitants of the village go to the lake or the river to bathe. The grave-diggers nibble a *ndjao*, the root of a juncus which has magical power. Special rites will then be performed for the widows. We shall describe

765 783 516 anointed with the medicine. As regards adults, the operation of *maganyo* is performed as follows ; the master of the mourning passes his hand down from the knee to the toes. This rite[1] is evidently in connexion with the act of walking, which is thus purified, and with standing upright (yima), which means health and strength.

765 783 302 *Cutting the hair* is also a medicinal act amongst the Hlabis. The physician takes a broken pot, pours into it water and a purifying powder, washes the head of the deceased's wife with this preparation and cuts her hair with a razor. Everyone takes a little of the mixture and washes his own head, and they then shave each other. The hair is thrown away into the bush, not on the grave.

765 783 177 231 The Great Mourning is concluded by the *phunga*, the sprinkling, corresponding to the Ronga *shuba*, which is performed exactly in the same way while the water is still boiling. The doctor sprinkles a whole potful on the people ; then he pours fresh water into the pot and sprinkles the doors, the back part of the kraals of the oxen and of the goats. —"How about the pigs ?" I asked Viguet. He laughed heartily! —"The pigs? They are nothing ! They have come from the White people They are so new to the country that lately the Pedis killed them outside the villages and the men only ate their flesh!" The pig has no part in the Bantu ritual!

V. *Sexual rites of purification.*

765 783 834 This is a most curious and mysterious subject and, to understand it thoroughly, it is necessary to penetrate deeply into the Bantu mind and to forget our own conceptions of conjugal life. I hope none of my readers will be shocked by ceremonies which are evidently performed with the greatest earnestness and are a real aspiration toward purity, purity as it is conceived by a tribe still plunged in the dim notions of collective morality.

1 [among the Northern clans - -Analyst]

1: Junod M-5 (1895-1909)1927 Thonga

765 These rites are somewhat different in the Hlabi and Ronga clans.
783 They are called in the Northern clans *hlamba ndjaka*, in the
834 Southern *lahla khombo*. I will begin with the description of the first, as being the most characteristic. Viguet, who has seen them practised, and who took part in them himself, gave me a graphic description of them.

Ndjaka means two things. Firstly, the objects left by the deceased, which will pass to his heirs in the course of time. The heirs are called *badyi ba ndjaka*, the eaters of the ndjaka. But *ndjaka* also signifies the frightful malediction accompanying death: "it is something which kills a great many men." Therefore the *ndjaka* must be washed away; *hlamba* means precisely to wash away.

This malediction or dangerous impurity contaminates objects, which must be cleansed by the sprinkling (phunga) as we have seen; but it affects still more deeply the village as a whole, the *muti*, the organism which is at the base of all Thonga society, and which has a life of its own, a collective life. That life must be purified. During the whole mourning, and even during the last days of the deceased, when death was threatening, all sexual relations have been forbidden. Why? Because the village was in a state of contamination... "Muti wu tjumile." It cannot return to the ordinary course of life without a special collective purification.

765 Let us see how this is managed on a particularly serious occasion,
783 when the headman or other great personage dies. Some weeks
835 after the burial, all the married people of the village assemble, the men apart, the women apart. They discuss in what order the different couples must proceed to the purifying act. They question each other to know if each one has duly observed the law of continence. Should one of them confess that he has sinned (dyoha), he will have to take the lead. Should he have sinned and not confess it, he will be very guilty. But he himself will suffer for his bad action; he has stolen the inheritance (a yibe ndjaka), and it will not be wonderful if he begins to cough, grows thin and dies of consumption! If there has been no transgression of the law, then the master of the mourning will have to begin. He goes out of the village with his wife

1: Junod M-5 (1895-1909)1927 Thonga

765 A man who transgresses the law of continence before the lahla
783 khombo is said in Ronga to have "crossed the village" (a
834 tjemakanya muti). He has taken the mourning (nkosi), the misfortune (khombo) upon himself. He will have sores all over his body and will begin to cough (consumption).

Amongst the Rongas, it seems also that the *bugango* is prohibited in mortuary villages during the marginal period. The men even [115] prevent boys going to the villages to see their girls, says Mbekwa, an old inhabitant of Nondwane.

VI. *Family rites.*

765 After two or three months, a first gathering of the whole family of the deceased takes place. Amongst the Ba-Ronga its function is to close or break down the mortuary hut. Amongst the Northern clans, no relation is established between this family gathering and the fate of the hut. But everywhere its principal aim seems to be to restore the family whose head has been removed by death, and which must be reorganised.

1) Amongst the Ba-Ronga.

For the Ba-Ronga the habitation of the deceased is tabooed. It is a *shira* (grave), as well as the place in which he has been buried and, for this reason, it must be destroyed. But this destruction is not accomplished at once. Some time must elapse (1), two, three, nine months, before the family gathering takes place. I witnessed it near Rikatla on December 15th 1907 and can therefore describe this rite in detail.

Manyibane had died five or six months previously. He was

(1) At any rate, such is the old law. But nowadays the Rongas sometimes crush the hut at once during the five days to save trouble. This was done in the case of Sokie.

to hinder the child from growing and to put in its place, by means of her enchantments, a snake, a hare, a quail or an antelope!

After the birth, owing to possible contamination by the lochia, sexual intercourse is prohibited till the rite of tying the cotton string (p. 56) has taken place. It is then allowed, but conception must be avoided till weaning, when relations are resumed in the normal way, and this goes on till the time when the woman is no longer able to bring forth children. I know of no special rules in connection with the menopause.

* * *

But, amongst Bantus, sexual relations are not an individual affair, as amongst nations more advanced in evolution. There is a mysterious relation between them and the collective life of the community. Hence the fact that, on certain given occasions, they are recommended, even ordered, or prohibited.

1) Cases of recommendation.

Sexual relations must take place on two principal occasions : when the inmates of a village abandon it and go elsewhere to found a new one, and when the widows perform the painful rite of "lahla khombo" (to cast away misfortune). We shall see, when studying these customs, that sexual relations have here a twofold signification : 1) they "consolidate" the little community in its new abode, viz. they strengthen its structure by confirming the authority of its chief ; 2) they provide the principal means of getting rid of all contamination, especially of the defilement connected with death. (Annotatio 13.)[1]

2) Cases of prohibition.

Married people are not considered as being in a state of defilement, as mourners are, for example. Yet this class of persons, called "ba-ku-khila," constitute a danger for those members of the community who are in a weak state of health. They must not come in contact with the circumcised, because in that case their wounds would not heal properly.

1 [See pp. 518-519 in these categories or in V6--Analyst]

834 They must not enter the hut of a person dangerously ill ; this would
784 hasten his death. People who are just recovering from a disease, when
581 they walk about on the paths, must tie around their ankles the root
829 called sungi, which will protect them against the perspiration or
753 emanation left by married people in their footprints, because, as one of my informants said, "ba-ku-khila ba hisa," viz. married people are hot.

834 Moreover not only individuals but the whole social life would be
836 endangered if sexual relations took place when the community itself is
581 in a critical position. They are prohibited therefore in wartime, during
829 the whole duration of hunting parties, and also during the marginal periods. Strange to say, this law does not apply so severely to unmarried boys and girls amusing themselves according to the "shigango" custom (p. 97). It seems that it is not the act in itself which is tabooed, but the act in as much as it is accomplished by regularly married people ; in this case only has it a bearing on the life of the community.

What is the reason of these prohibitions ? "Married people are hot." What does this aphorism mean ? The following rite may help us to understand it.

831 In the Maluleke country, when the whole population enters a lake
834 to kill fish according to the tjeba custom (Part IV. Chap. I), a little boy
226 and a little girl are chosen and laid down under a lion's skin, as if they
829 were husband and wife, and told to remain very quiet during all the time
789 the grown up people are fishing. Not knowing anything about sexual
771 intercourse, they will obey ; then the fish also will keep quiet and will be killed easily. Why ? Because there is in the sexual act something wild, fierce, passionate which, according to the law of correspondance which is at the base of all Bantu magic, has an influence on the hostile forces ; these will be excited and more difficult to overcome : enemies in battle, the animals of the bush during hunting and fishing parties, disease, danger of contamination at death and during the marginal periods. Life is, so to speak accelerated by the sexual act, and this acceleration is communicated to the whole of Nature. Therefore : Keep quiet, be continent!

This profound conception of life also explains why so often certain actions must be accomplished by children, not yet able to have sexual relations, or by old women who no longer practise them.

Let us remark that all these rites do not belong to Animism, properly speaking, but to Dynamism (Part VI. Chap. I), which plays a part almost as important as Animism in Bantu primitive philosophy.

we shall discuss in Part VI the
843 origin of this extraordinary idea. A woman who has had a
834 miscarriage is impure for three months at least. Menstruation
841 must have taken place two or three times and have cleansed her before her husband can have any sexual relation with her. (Compare Annotatio 7,[1] which applies to the transgression of this rule.)

7) Parturition.

846 We have described, when treating of birth, the many taboos
753 which accompany parturition. The *busahana* period, from the moment of delivery till the fall of the umbilical cord, is very much dreaded. When a woman is suffering from *shilumi* (a disease which sometimes follows delivery, probably owing to a displacement of the organs) she must not enter the hut of a woman who has been confined. The ailment would "jump over to her" (tlulela). There is however a way of preventing contagion. The visitor must take the piece of clothing which she uses as a girdle and throw it to the patient, and the patient throws back her own girdle to the visitor. Then she can enter : "They have acted according to the law, there is no more *yila*."

846 A mother must not drink any milk from the birth of the child
851 until its presentation to the moon. Afterwards she is allowed to drink only milk from cows which have calved many times.

The rite of *kunga* is performed in the case of a first-born child. This child is called *nwana wa matibula*, the child by which the woman has *tibula*, viz. has become a mother. The etymology of this word *tibula* (Zulu zibula) is not known. When people come to greet the baby, its parents will not allow them to take it in their arms. They must pay something for permission to do so, even a brother, a sister, or a grandmother. The father is not subject to this rule ; "the child is his, belongs to him." Nowadays this ceremony means only that these people are happy to receive the new born child amongst them. There is no taboo in it. But it is certainly related to the fact that in giving birth to a child for the first time, the woman has passed from womanhood to motherhood.

1 [See p. 517 in these categories or in 116 - Ans Ref]

846 831 A demonstration of joy takes place at the birth of any subsequent child, but the kunga is only performed for the first-born. It does not seem that in the case of the first-born child, as in the case of bowumba (see p. 125) the gifts of kunga are subject to any taboo.

8) Loss of children.

766 783 834 833 A woman who loses an infant (wa ku felwa) is deeply contaminated with the defilement of death. She must bury it herself without aid from her husband. Next day, she goes behind the hut, kneels down and draws off her own milk on to the ground. She does this until the secretion has ceased. This is taboo ; her milk is polluted ; no drop of it must fall in the gardens. She must avoid crossing the fields and going to the storehouses to fetch food. 864 Until she has been "put right again (busetela)," she eats with a spoon. To use a spoon is a bad omen for a woman, because it reminds her of death. That is the reason why men adopt this civilized custom more readily than women. During her mourning, no sexual relations are allowed. When menstruation begins again, she first keeps silent, and does not tell her husband. Only on the second or third occasion does she inform him of the fact. He can then purify her ; this is done in the same way as in the case of widows. (See p. 154.) Then he buys new clothing for her and she resumes her ordinary mode of life. Everybody seeing her with this new attire will know that "she has been repaired." Should any one else than the husband give her this clothing, the latter will be greatly offended and accuse her of having relations with a lover.

765 586 A man does not put on *malopa*, mourning clothing, for a child who was not yet of age. The woman alone does so. However a husband is always grieved at the death of his child and a sad event like this often leads to dreadful results. He will begin to think that his wife is a witch and has eaten her own child by her magical powers. Such an accusation is almost sure to end in a divorce.

A woman who has *lost many children*, three or four, is considered

1: Junod M-5 (1895-1909)1927 Thonga

606 side. She does the same. Then you sit down according to
316 men's fashion, crossing your legs. She also sits down bending
834 her legs, and putting one knee over the other as women do; then
576 both parties salute each other, you, as a man, clapping your hands against each other, holding them parallel, and the woman holding hers at right angles. Then you begin to talk..."

Suppose the son-in-law has had the good luck to reach the village of his wife's relatives without having met his mother-in-law, but sees her sitting somewhere near a hut. This is dreadful. She looks at him and at once covers her breasts with her cloth. He himself turns his eyes aside. I saw in Natal a curious photograph representing the scene. Amongst the Zulus the avoidance of the mother-in-law is perhaps more marked than in any other tribe; the man is shown in the picture hiding his face
606 with his shield. Should the mother-in-law be taking her meal
576 when her son-in-law arrives unexpectedly, she throws away the mouthful she was eating, and he does the same.— Suppose then that he has entered the village without seeing her; then the tinamu, his wife's sisters, come hastily to meet him. They take his sticks, joking with him meanwhile and put them in his mother-in-law's hut. This hut is his; he has the right of staying in it during his whole visit. They spread a mat on the ground, and bring him food. They chat with him. Then the mother-in-law comes in her turn, but she dares not enter the hut. She sits down outside and, without seeing him, salutes him, saying: "Good morning, son of so and so." She must not pronounce his name. He answers in the same style, and must also say: "Daughter of so and so." Should he call her by her name it would be a breach of etiquette and his wife would be angry and say: "How dare you? Did she not bring me forth? Rather say: Mother!" During the first years of his married life, the son-in-law never eats with his wife's mother.

607 This peculiar behaviour is the rule, not only towards the wife's mother, but also towards her sisters.

606 In the course of years there is a *lessening* of this terrible taboo.
431 In the Maputju clan, the son-in-law will provide an ox as soon as
576 possible and he will "communicate" (tlhangana) with her, partaking

606 be banished from their thoughts. They obey that conviction when
835 practising the avoidance rites.

The wife of the brother-in-law, the Great Mukoñwana.

607 This particular respect is even more marked in the relations of a man with the wife of his wife's brother. Indeed the avoidance is pushed further than with the mother-in-law. A Native of the Ndjao tribe (which has the same customs as the Thonga tribe in this respect) described to me vividly the extraordinary marks of fear that these two persons show each other when they meet on the road. The story will be told when speaking of the Ba-Ndjao. Here are some other marks of this extraordinary respect.

607 The wife's brother's wife must always keep her breasts covered
834 in the village of her husband's sister's husband. Only when she has had a child is she permitted to "open her clothing;" but then she must fix a leaf in her hair (as if to show that she does not forget the special reserve which she is bound to maintain). (Khosen region.)

607 When a man travels with his great mukoñwana and they have to
576 cross a river, they will avoid entering the same boat. It may
827 happen to anyone to emit an unseemly sound from the rectum; but if the great mukoñwana is present, she looks on this as a grave offence. A fine must be paid to her, a hoe, for instance. If the guilty man has nothing to give her, he at once breaks a twig from a tree and presents it to her as a token that the proper fine will be forthcoming in due time! He must never use words of insult in her presence, even if he addresses them to another person.

607 If he loses his temper before her she will go to the old people of
844 her husband's village and tell them: "He has insulted me." On the other hand the great mukoñwana is bound to go and assist the wife of this man when she gives birth to a child. At least this is the rule in the Khosa clan and also in Maputju. The two women live on very good terms with each other; they are

607 *tinhombe*. The man himself, when he visits his relatives-in-law, has the right of sleeping in the hut of the great mukoñwana. We have seen that, during the first months after his marriage, he is received in the hut of his mother-in-law. Why is this? Because the oxen

621 396 nature of that social unit, the Thonga *muti*. I shall give the sequence of these rites first in the Northern clans, according to the description of Viguet, and secondly amongst the Ba-Ronga, according to Mboza.

I. *In the Northern clans.*

621 787 784 1) The headman goes first to examine some spots where he would like to build. He *breaks small twigs* from various trees and brings them home.

833 2) The bones are consulted and help in *making a choice*. The twigs are placed on a mat one after the other. When the stone of the *kanye* (see Part VI) falls in a certain way in front of one of the twigs, this shows that the tree from which it has been broken is the one near which the hut of the headman must be built.

3) Building material is collected. When everything is ready to proceed to the construction of the huts, the headman goes with his principal wife to the spot chosen. They leave the old village for ever ; they must not return to it any more. In the evening they have *sexual relations* in the new place and in the morning they tie together some tufts of living grass. Next day all the people of the old village must come and step upon this grass. This rite is called to *tie the village* (boha muti).

621 595 784 834 4) Then begins the period, of about one month, called *buhlapfa*, time of moving, which has its laws. Two great taboos dominate it : 1) Sexual relations are absolutely prohibited. Should any one transgress this law, he has sinned gravely against the headman ; he has stolen the village (yiba muti). The headman will be ill, perhaps paralysed. The guilty woman will also be punished : she will not be able to bear children again ; she will be "tied by the village" (bohiwa hi muti). The culprits have "crossed the way of the master of the village" (tjemakanya). Strange to say, the headman himself is bound by this law. He must have no relations *with his younger wives*, because the village belongs to the principal spouse. Should such a transgression be discovered, the work

621 831 all this is done in fun. It is a great day of rejoicing for the "tinamu", who tease each other as much as they like. A man may be wanting in respect even to his great mukoñwana on these days!

621 756 337 789 6) When the huts are ready, the *fence* is built. The family doctor is summoned. The medicine man throws leaves or stones treated with his drugs along the circular line, where the headman intends to place the branches which will form the future fence of the village. This being done, the men erect the fence.

7) Special precautions are taken for *the main entrance*. Poles are erected on both sides, but before they are put in place, the doctor pours medicine into the holes in the ground and also smears the poles with it at the bottom and at the top. Mankhelu used to bury a black stone, taken out of the river, at the gate. This stone had also been smeared with drugs. "In this way, I prevent enemies from entering. Those who come to try their charms against us (ku hi ringa hi maringo) will be attacked by disease and go and die in their houses."

783 834 621 8) The building is finished. Nothing remains to be done but to *ripen the village* (wupfisa muti). Men and women assemble in two separate groups and ask each other if they have been continent during the whole "buhlapfa". If one of them confesses to having sinned, he has stolen the village from the headman; the whole work is spoiled and must be recommenced elsewhere. If all the members of the community have behaved well, they proceed to a purifying ceremony exactly similar to the *hlamba ndjaka* which takes place during the mourning ceremonies. Each couple has sexual relations according to a fixed order of precedence, one every night, and they all go to trample on the spot where the women wash their hands. The principal wife is the last to perform these rites.

621 595 9) Then comes the *drawing to himself of the village by the headman* (kokotela muti). At dawn, after the night when she has had her ritual sexual relations with the headman, his principal wife takes his shield and his assagais and stands at the main entrance, everyone being present. Outside is a thorny branch prepared for the occasion. In her martial attire, she drags this branch to the entrance and closes it.

621 824 765 troublesome and he should wish to remove them, he must ask some one else to do it. On the day of his death, or rather when his hut is crushed down, a branch of that tree will be put on the place where the threshhold was, and another used to close the main entrance of the village, a new entrance being then made through the fence and used as the gate during the rest of the mourning period.

621 833 3) He has sexual relations on the new spot on the first night with his principal wife ; in this way he will *fuya muri*, viz. "possess this tree," and also *fuya muti*, "possess the village." The Ronga *fuya* corresponds here also to the *boha* of the Northern clans (Compare boha puri and fuya ñwana, page 57). If someone precedes him in sexual intercourse, he is guilty ; he has "preceded the village" (rangela muti). By this act the headman has definitely left the old village. The others can go back to it to fetch what remains ; for him it is taboo.

621 831 834 343 4) The same day, all the inhabitants come and move all the roofs, if it is possible to do this in one day. One hut is rapidly built to afford shelter to the inhabitants, in case of rain. The first roof to be transported is that of the hut of the principal wife. This is also done to the accompaniment of obscene songs. These songs are not allowed when only one hut is transported, which may happen when some one goes to live in another village.

It is definitely a custom which goes with the moving of a whole village.

5) The following day two huts are erected, one for the men, the other for the women, because they must not sleep together. "They are still in the bush ; it is buhlapfa ; the village is not yet firm." Those who break this law cause injury to the headman. The bones will soon reveal that "he has been preceded as regards the village ; (a rangeliwile muti)." All the huts are smeared twice ; the women begin to sleep in them, but not the men. The fence and the main entrance must first be prepared.

621 789 6) The *main entrance* (mharana). The men pull up the grass all the way from the back hut to the place where the main entrance must be, so as to make a road all through the village. All the dried plants weeded out during this operation are carefully

643 562 582 On his death, his son Gwaba was put in his place. But he was deported by the Portuguese and his sister, Midambuze, filled the position. Consequently she was not lobola, but chose a husband for herself, a man of common origin (a titlhuba nuna). Her son may succeed her; in this case only can a uterine nephew of a chief take his place.

643 834 847 At Gungunyana's court queens played a great part. This seems to be in accordance with the Zulu custom. After the death of Chaka's mother, sexual relations were taboo for the whole tribe during one year, and children conceived during that time were put to death by order of the chief! (See Colenso: Ten weeks in Natal.)

643 I know of no case in which a foreigner became chief of a clan through having married one of its princesses. He can become hosana, but the true hosana will be his wife and he himself will be but a prince consort. I have heard of two instances in which this happened.

726 As regards the *order of the march*, the battalions of the young
701 men, stationed on either side of the entrance, go first ; they
643 form the advanced guard, the post of greatest danger. The scouts, tinhlori (Dj.) tinhloli (Ro.), go in front ; each company has its leader to whom these scouts bring reports. It is the duty of the young men to surround the position to be carried and to make the assault. The two sides of the circle then follow, and lastly the chest of the army, forming the rear guard. The chief thus brings up the rear, protected by the battalions of veterans. But generally the chief does not go to battle ; he remains at home.

726 During the campaign, *the whole clan is subjected to many taboos.*
784 Those who remain at home must *keep quiet* (rula). No noise
727 must be heard in the villages. The women must not close the
722 doors of the huts. It is taboo : their husbands might meet with "bitterness" (shibiti). They might lack strength to run away. Fire must be lit in the huts in the evening, in order that the warriors may "have light" where they are. It is taboo to omit this precaution. Work in the fields must be more or less suspended ; women may attend to it in the morning only, before the heat of the day, while the air is still fresh. "Then, if a warrior has stepped on a thorn, the thorn will be cool (titimeta) ; if he has knocked against a stump, the stump will be quiet and not hurt him. (Mboza.)" Old men who remain at home must keep watch, and if they see a messenger coming, they follow him to the chief.
765 Should he bring bad news, they do not inform the women, as it is
726 taboo to mourn over warriors killed in war before the return of the
834 army. A fine is imposed upon those who contravene this law.
777 It is taboo also to have sexual relations as long as the army is on the
784 war-path. This would cause thorns to hurt the warriors and they would be defeated. (Mankhelu.)

722 According to Mankhelu, the mukhumbi may be again formed after arriving in the proximity of the hostile army. The
643 battalions will be sent one after the other by the great ndjuna who
726 will watch the progress of the fight. If he sees his men giving way, he "pours" (tshelela) new companies to help those who are fighting until they rush the position (gwabula) and put the enemy to flight. Then the pursuit begins. The dust flies up

727 "hot" and from special plates (mireko) and broken pots. They are
783 forbidden to drink water. Their food must be cold. The chief
834 kills oxen for them (yi ba lumisa hi tihomu); but if the meat
761 were hot it would make them swell internally "because they are hot themselves, they are defiled (ba na nsila)." If they ate hot food, the defilement would enter into them. "They are black (ntima). This black must be removed" (Mankhelu). During all this time sexual relations are absolutely forbidden to them.
727 They must not go home to their wives. In former times the
304 Ba-Ronga used to tatoo them with special marks from one eyebrow to the other. Dreadful medicines were introduced into the incisions and there remained pimples "which gave them the appearance of a buffulo when it frowns" (1).

789 After some days a medicine-man comes to purify them (ku ba
727 phutula), "to remove their black." There seem to be various
783 means of doing it, according to Mankhelu. Seeds of all kinds are put into a broken pot and roasted, together with drugs and *psanyi* of a goat. The slayers inhale the smoke which emanates from the pot. They put their hands into the mixture and rub their limbs with it (ba tilula) especially the joints.

789 Viguet describes this last act thus :—Pieces of medicinal roots
727 are put into the broken pot and roasted. They inhale the smoke.
782 Then cow's milk is poured into the pot on the embers and, when it boils, they have to put their fingers into it, one hand after the other, and pass them across their lips emitting the sacramental : "tsu" (which proves that it is a sacrifice to the gods, a religious act). Afterwards they say : "Phee! phee!" — viz.,
789 phephela phansi, (Dj. tikela hansi), "Go down, sink." This
727 means : "May you go deep into the earth, you, my enemy and
783 not come back to torment me." The last part of the treatment consists in rubbing the biceps, the legs, and the whole body with this milk. The medicinal embers are carefully collected, and reduced to a powder ; this will be put into small bags of skin called *timbe* which the slayer will wear round his neck. They contain

578 (1) Hence an expression which is still in common use. When a Ronga wants to defy some one he says to him : "You are a coward! If you say you can tackle me come and kiss my forehead."

[Re, the slayers returned from battle — Analyst]

J. SOME REMARKS ABOUT WAR RITES.

177 726 The war rites of the Thongas, whatever may be their origin — and they seem to be a mixture of old Thonga and new Zulu customs, — form a very interesting and complete whole.

643 726 829 The most noticeable are the *national rites*. In war time, the very existence of the clan is threatened, because the chief, the central and vital cell of this organism, is in danger. Hence the readiness of all the warriors to answer to the first call of the *shipalapala*, and to gather round him, "building the circle," which protects him, the whole clan forming a single village and binding itself by the striking ceremonies of *guba* and by patriotic songs, to die for him. Notice that most of the *guba* songs extol the chief. All these customs in which the individual or collective courage is stimulated, the *guba* and the *gila*, are national or social rites directed towards the salvation of the clan. They owe their origin to the national idea.

But war also brings dangers to every warrior. Hence the *protective* rites of sprinkling the mukhumbi with the war-medicine of the clan, or of giving each man some of it to swallow. The rite is inspired by the notion *similia similibus curantur*, the idea being that the warrior, having eaten a small portion of the enemy, will become invulnerable to his blows.

But other rites, especially the war taboos, seem to owe their origin to the *idea of passage*.

726 829 834 The *whole clan* enters upon a special phase as soon as war has been decided upon by the chief, "who gives it" to his warriors. Hence the taboos observed at home, many of which are exactly the same as those of the circumcision school and of the period of mourning. We notice the same contrast already so often mentioned : certain sexual prohibitions are removed (e. g. a queen will enter quite naked into the mukhumbi!)

727 775 761 tions (before 1890). Three persons of that family died. The bones were consulted and the diviner asked : "Have you not slain a Ndjao?" They answered : "Yes." — "Then," said the bone-thrower "you will all die as this man has followed you." The bones showed that, in order to avoid the destruction of their family, the Ndzindzis had to offer a girl to the ghost of the slain, a living sacrifice. This girl would not be allowed to marry, or even to be courted by boys. Should she have relations with a man it would be necessary to replace her by another. Thus the angry ghost would be propitiated.

726 On the other hand sexual relations, which are allowed in ordinary
829 life, become taboo. This period of fighting seems really to be
834 considered as a marginal period for the whole tribe.

It is so par excellence *for the warriors* and I think that many of the rites imposed upon them are to be explained in this way. As we saw, the period of margin is generally preceded by separation rites. (See page 74.) Some of these, which are very characteristic, are performed when the army starts : the leave-taking from the General with wild shouts, the custom of swallowing a piece of meat without touching it with the hands and taking an emetic afterwards, that of jumping over the ntjhopfa branch, the medicine of oblivion! etc. The triumphant return, the partaking of the meat of the oxen which have been taken, may be the aggregation ceremonies, viz., the acts by which the warriors return to their ordinary life.

726 Passage rites are still more distinct *in the case of the slayers* ; but
829 their condition is worse, as it implies the idea of defilement following
304 upon murder and is attended with the danger proceeding from the *nuru*.
182 They are "hot" (an expression which also applies to the tabooed woman
783 during her menses etc.); they are "black" (an epithet which also designates the grave-diggers, the bereaved mother, etc.). Hence a *seclusion* much more complete, a true period of margin with many alimentary and sexual (1) taboos. Possibly the incisions on the brow are an old kind of tatooing in connexion with this marginal period, similar to the inguinal incision of the widows (p. 201). The purification rites are of the same kind as those of the mourners, and particularly of the grave-diggers. The return to society, after their seclusion, is marked by rites of separation from the marginal period, which no doubt aim at getting rid of the defilement connected therewith. (Exposure of the *mizilo* outside the village in the bush.) Is it not striking to notice the correspondence between these rites — their peculiar sequence and those of the circumcision school, of mourning, of moving a village ?

See, as a conclusion to Part III, Practical Conclusions, No. VI : "The New era and the Future of the South African Tribe."

834 (1) The sexual taboos are so severe that, after the Mooudi battle, one of the slayers
727 took great offence at a man who dared to touch his food, as the man was living in his home and had relations with his wife. The slayer was afraid that this contact might cause his own death or bring misfortune to his family.

832 Sometimes the girls measure their labia with small sticks
836 and boast of their length to their companions and even to their
104 bridegrooms. The girls follow these perverse practices for
891 no other reason than for the sake of their future husband.
171 Among the Ba-Pedi the husband may, if he thinks that his bride has not sufficiently stretched her labia, send her home and demand his bulls back. The girls keep a pot full of food ready and cover it with a lid. In the evening the boys come to the girls and give them a small gift in order to be admitted. In the house they sit down on the floor and watch the girls eating from a pot with their fingers. The girls whose milebe are four digits long eat using four fingers: they are bakulu, that is, adult, and they enjoy their lovers. Or they use only three fingers and sometimes two. The young girls eat with the palms of their hands.]

765 "Annotatio sexta (P. 154). Seu quis per ætatem iam pro-
783 vectam imbecillior factus erit, sive qualibet de causa tam
833 impotens ut sperma emittere non possit (a nga kumi mati), ceteri viri quid fiat sciscitabuntur. Quod si utique parum procedit, tota inhibetur cærimonia. Qui vero se invicem eodem ritu miscere debebant, iis ritum conficere non fas est. Ille jejunio, per quinque dies, prout res postulat, artissime utetur, cui medicinæ ad rem accommodatæ exquirentur.

[Note 6 (page 154). If someone should have become feeble because of advanced age, or if for some reason he should be so impotent that he cannot emit sperms (a nga kumi mati), other men ask what should be done. For if it proceeds quite insufficiently, the whole ceremony is held up. And those who should have had intercourse in turn in the same ritual fashion are not permitted to complete the rite. He [the impotent man] has to fast very strictly for five days as the situation requires and the remedies appropriate to the situation will be sought.]

843 "Annotatio septima (P. 154). Nocens maritus uxorque sui
834 purgandi causâ alium ritum peragent. Uxor mariti suaque
841 pudenda veste intima et inquinatissima tergebit, quam postea comburet.

Ambo, ad ignem accedentes, caput manusque calefacient. Inde cinerem collectum mulier adipe miscet, quo mariti artus illinit, digitis bracchiis cruribusque tractis, quod 'lula' dicitur. Postea, noctibus duabus sequentibus, coibunt. Si maritus, non cum uxore sua, sed cum puella quadam ex alio vico, stupri consuetudinem junxerit, huic fossorium donabitur, ut ritum 'lula' perfectum veniat.

[Note 7 (page 154). If the husband and the wife are guilty of an offense, they perform another rite for the sake of purging themselves. The wife will cover her husband's and

843 her own pudenda with a much befouled intimate garment which
834 she afterwards burns.
841 Going to the fire they both warm their head and their hands. Then the woman mixes the ashes she has collected with fat and smears it over her husband's limbs, rubbing along his fingers, his arms, and his legs, which is called lula. Afterwards, in the two nights following, they will have intercourse. If the husband has had sexual intercourse not with his wife but with some girl from another village from lustful desire he will be given a fossorium so that the rite lula will come to its completion.]

765 "Annotatio octava (P. 155). Si mulieris parentes procul
783 habitant, maritus eius comes itineris erit, quacum superiore
833 nocte coibit, ad aquæ lustrali vim novam dandam."
505 [Note 8 (page 155). If the woman's parents live far away, her husband will be her companion on the way and he will have sexual intercourse with her the night before in order to give the lustral water new power.]

765 "Annotatio nona (P. 160). Faciebat dum 'Khunye khunye';
535 quibus verbis significatur coitus (khunyeta)."
831 [Note 9 (page 160). She was saying Khunye, khunye during
834 this time; these words signify coitus (khunyeta).

"Annotatio decima (P. 160). Carminum, morum temporis marginalis natura eo obscenior est quo nobilior defunctus fuit. Viguetus narrat: [518] 'Duce vel uno ex principibus mortuo, luctuque consueto præterito, luctum privatum, ad quem boves immolentur, celebrari. Carnem ad baculos humi fixos alligari; homines inde mulierem vocare, eamque posteriorem vestem exuere juberi, neque ullam vestem nisi anteriorem habere quam, si velit, exuere ei liceat. Eam, postea, divaricaturam esse ad unam ex carnis particulis dentibus apprehendendam ita prominentem ut omnes viri eius pudenda videant, quod plerumque 'taboo' (id est nefas) sit.'"

[Note 10 (page 160). The nature of the songs, a custom of the marginal period, is the more obscene the greater the nobility of the deceased person was. Viguet relates: [518] "When the leader or one of the chiefs is dead and the usual mourning has passed, they stage a private mourning at which bulls are sacrificed. They tie the flesh to poles fixed in the ground; then the men call a woman and order her to take off the clothes on her back and they do not allow her to have any clothes on except the one in front which, if she wants to, she may also take off. Then she must seize one of the bits of meat with her teeth, bending forward in such a

765
~~792~~
~~834~~
~~841~~
834 way that all the men can see her pudenda which is much tabooed (that is, sinful)."]

"Annotatio undecima (P. 161). Hic, mulier paulo dilutiore
765 colore magnaque statura addit: 'Hi kundjana. id est:
792 coeamus!' "

[Note 11 (page 161). Here a woman with a slightly lighter color and of large stature, adds: Hi kundjana, that is, "let us have intercourse!"]

841 "Annotatio duodecima (P. 187). Hæc sunt ipsissima verba, quibus Makhelu mulieris menstruansis taboo (id est nefas) describit. Mulier menstruans est res, quæ imprimis 'yila' est. Per sex dies 'yila,' id est, nefas est. Septimo die transit flumen ad se lavandam. Octavo ei nondum licet cum marito suo coire; forte enim sanguis pudendis ad hæret, eà insciente. Magis 'refrigescit.' (Verbo phula menstruans mulier comparatur cum aula a foco remota).

Si, ante id tempus, maritus cum uxore cœat, ægrotus fiat, veretrum retro ita recedat ut vir urinam reddere non possit et, brevi tempore, moriatur. Talem vitæ exitum multi habuerunt. Radicibus arboris cui nomen est mayilana vel mulieris menstruantis vestis particulâ, a medico ad levem pulverem redactâ, quæ ægro bibenda est, morbus sanari potest. Aegrotus multum sanguinis reddet, et veretro exeunte, salvus est."

[Note 12 (page 187). These are the very words with which Makhelu [sic] describes the taboo (that is, the sin) of the menstruating woman. A menstruating woman is something which is, first of all, yila. For six days she is yila, that is to say, taboo. On the seventh day, the flow that cleanses her passes over. On the eighth day she is not yet allowed to have intercourse with her husband; for perhaps some blood is still sticking to her pudenda without her knowledge. She "cools down" even more so. (By the word phula the menstruating woman is compared to the pot removed from the stove.)

841 If the husband should have sexual intercourse with his wife
834 before this time, he will be taken sick, his private parts will
756 decay to such an extent that the man would no longer be able to pass urine and would die within a brief period of time. Many have had such an end to their life. The sick man can be cured by a liquid containing the roots of the tree that is called mayilana or by a particle of the menstruating woman's dress, reduced to a light powder by the medicine man. The sick man loses a lot of blood; after his penis is able to pass water again, the man is well again.

marginal period during which the maphisa must use protective medicines against the dangers of the bush, and keep certain rules. 224 784

As a protection they carry their charms, especially the *ndjao*, the root of a certain juncus which is used on many other occasions. As regards the taboos which they must observe, I will first mention those applying to travellers in general, especially the *salt taboo* (I. p. 339). Should they take salt with them, this would "precede them" (rangela), and they would kill no game. It will be soon enough to look for salt when they have killed. But the great taboo of these hunting trips is the *sexual taboo*. This was already imposed before starting and it must be observed Phroughout the expedition. The necessity of avoiding anything connected with sexual relations is so great that maphisa will take with them to cook their food little boys under marriageable age. What is the reason of this prohibition? I have explained it in dealing with the Thonga idea of sexual relations (I. p. 189). If the hunters transgress the law, the big animals will be so wild that it will be impossible to approach them ; they will furiously attack the men who have sinned, because they know them, and woe upon them! So much so that if the hunters see an elephant or a hippopotamus in obstinate pursuit of one of their number, they will begin to insult him for having spoilt the whole trip by his misbehaviour, and send him home. 224 784 834 825

The law of continence is also binding on *the hunters' wives* at home. It is true that when the absence of their husbands is prolonged for a very long time they may become unfaithful to them and the men, on their return, will find babies waiting for them which are not their true children. This will cause them no unhappiness, as these babies none the less belong to them, their wives having been duly bought, and the time for fear is now passed, as they have returned home safely. The fact that these men welcome the children born during their absence caused me to think that hunters' wives were not subject to the sexual taboo as their husbands are. But further inquiry has shown that this is not true. Old Makhani assured me that incontinence on the part of the wife at home would have as a consequence that the husband would be attacked and killed by wild beasts far away in the desert. 224 784 837 851 752

fell, not as an offering to the gods, but in order to help his hook to see (hanyanyisa), to awaken it and "give it eyes to catch." This sentence referring to the place "where people pound their mealies standing, or kneeling down," is an allusion to a curious cosmographic notion, which we shall explain later on (Part VI. Chap. I). Seeing the sky reflected in the water, the fisherman thinks of the ends of the earth, where heaven rests on the ground, and where women are obliged to kneel down when crushing their mealies, lest their pestles hit the sky! 226 821

There are three other principal methods of fishing, and, as they are more or less of a collective nature, they are regulated by laws and attended with taboos : the nhangu, the shibaba and the tjeba. 226 784

The *nhangu* is a triangular enclosure made of sticks stuck in the sand on the seashore. This enclosure has an opening looking seaward. The tide covers the nhangu, bringing with it all kinds of denizens of the sea, big lobsters, shrimps of all sizes, fish, etc ; when it retires, all these creatures are imprisoned in the nhangu, and try to find their way out through the opening ; this however is closed, and the fishers collect their catch, which is sometimes considerable. A man who wishes to build a nhangu must pay a tax to the chief of the country. During the operation he must observe the law of silence ; if anyone should speak to him, he must not answer. When the nhangu is ready he goes straight to his hut, and washes his hands, and then he can speak again. Should he transgress this taboo, the fish will rush about wildly in the trap and he will be unable to catch it. This is not a *kunga* proper (I. p. 124) but only another application of the rule imposed for example on the wife of the hippopotamus-hunter (II. p. 69). On the day of inauguration, (khangula), all the inhabitants have the right to come and partake of the result of the first fishing. This is a *luma*, the luma of the nhangu. The owner of the trap is not allowed to take a single fish home that day. Everything must be consumed on the spot.

The *shibaba* is another kind of trap, made of woven reeds, which is placed on the banks of a river, of the Nkomati, for instance, near the sea, within the tidal reach ; when the tide is 226 834

low, the fish is imprisoned between the reeds and the bank. 226
The construction of this trap is governed by strict laws : no 834
sexual relation is allowed during the five or six weeks of the fishing. The owner of the shibaba must cut the first reed. Women must not approach the spot. On the day of inauguration there is also a luma ceremony similar to that for the nhangu.

But the most curious fishing custom is the *tjeba*. "Ku tjeba" 226
means to kill fish in company in lakes which are drying up. At the end of the winter most of the small lakes scattered all over Thongaland, get smaller on account of the drought, and the fish they contain, consisting mostly of carp and barbel, are obliged to congregate in much smaller spaces. Natives take advantage of this and the whole country-side is summoned to go and tjeba, on a certain day, as it is important to be as numerous as possible in order to ensure success. The chief orders all his men to make *shiranga*, a kind of conical basket, a foot and a half high, whose upper end is open and wide enough to admit the hand. The shiranga must be very strong ; the tree used for the purpose is called ntjangari. When the shiranga are ready, a messenger is 202
sent to all the villages, crying : 226
626

Kho ! Khoooo ! Hobe ! Hobeee ! U yala nsateeee ! Na nsati a randja nyamooo ! A randja mihlubeee ! Kho ! Hobe !
You hate your wife ! Your wife also is fond of flesh food ! She is fond of the flesh of the tail of fishes !

Every male member of the tribe must answer to this summons by going to the shore. Should he refuse the call, he is blamed and despised, and his companions will sing to him a mocking song :

U yala ku tjeba, nyanhwaku !
You refuse to fish, nyanhwaku (1).

In the evening his wife will scold him, on seeing that he brings no fish home! She will punish him by giving him mealie pap without any sauce!

Before the throng enters the lake, someone must *make an* 226
offering ; he must be a descendant of the inhabitants of the country. 782

(1) Nyanhwaku is a formula of insult (I. p. 445).

226 the fishing is finished, they all sit down and compare their catches when
651 Perhaps an enormous barbel has been caught, "the king of the lake," as these fish sometimes attain a very large size. "Woo! a dle ñhwakwe!" — "Oh! he has killed his mother," say the men, making fun of the fortunate fisherman! But the chief sends an induna who levies the tax. Each fisherman unties one fish from his string and gives it to him.

226 The tjeba fishing is practised all over Thongaland, in Ronga
782 territory, where such ponds are numerous in the sandy hollows, amongst the Hlabis, and in the neighbourhood of rivers where there are lagoons which dry up, as far as the Maluleke country. Should there be crocodiles in the pond, which may very well happen when the lake is connected with the Limpopo or the Nkomati, the religious ceremony is more important on account of the danger incurred. Then the bones are thrown and declare who must make the offering in order to secure adequate protection from the ancestor-gods. The officiator enters the lake first, and, plunging his shiranga into the water, says : "If you are here, crocodile, go away! you hyena, do not bite." Amongst the Maluleke, a man of the Ba-Nyai tribe must perform the religious ceremony, as the Ba-Nyai were in the country before the Thongas. He must go first and catch a fish, bring it out alive, and then, surrounded by his fellow Ba-Nyai, offer it to his ancestor-gods. Then he throws it back into the water. The Thonga chief, having ordered his men to keep silence, then makes the following proclamation in a loud voice : "Let the fish abound, and kill them all, but do not bewitch each other!"

226 The Hlengwes have a very curious custom which I have already
825 explained when discussing the Bantu notion of sexual relations
834 (I. p. 189). When they *tjeba* they take a little boy and a little girl, and lay them down together under a lion's skin, as if they were husband and wife, during all the time that they are fishing. The children keep quiet, — so the fish will also keep quiet and not swim away. When the fishing is concluded, these children are "awakened," and are given a part of the catch : they are praised and thanked, as they are supposed to have secured the fish by their action... or rather by their inaction! This very significant

rite may explain why sexual relations are prohibited during all important hunting and fishing operations. With their magic conception of Nature, Bantus do not separate the domain of man from the animal world ; human actions have their immediate effect amongst animals. So if men and women keep strict control over themselves, hippopotami, fish or elephants will not be so wild, and hunters will have more success!

* * *

Meat is either boiled (pseka), or roasted (wosha). When boiled, the broth is called *muru*, (Ro.) or *sheshebo*, (Dj.) the same name that is given to monkey nut sauce or any other seasoning. When roasted, it is either placed on the embers, or skewered on sticks (lihanga) and exposed to the heat of the fire.

The blood of animals (bubendje) is also eaten by most men. However, many fear it (tshaba), not on account of a yila, as if it were taboo, but rather from individual loathing. There are no special laws to be observed as regards bones. The meat of sacrifices, offered in the funeral rites, must be eaten *on the road*, not in the mortuary nor in the guests' villages, as we have already seen.

Meat is welcome, and eagerly sought after in time of famine (ndlala). Should the October rains fail, or the crops be destroyed by grasshoppers, as has been, alas, frequently the case since the first appearance of these pests in August 1894 (1), the Natives are bereft of every resource (2). They dig up all the edges of the

(1) Just at the commencement of the war between the Natives and the Portuguese, grasshoppers arrived in thick clouds in the district of Lourenço Marques. They had not been seen for a great number of years : old folk only recollected having seen them in bygone times. Since then the scourge has never entirely disappeared. The coincidence of their coming and the beginning of hostilities struck the Blacks very forcibly ; they often said, at the sight of the grasshoppers : "They announce the armies of Gungunyana."

(2) Here is a pretty couplet with reference to famine :

Nkoodjo wa nhlengana shipopokwana ?

— Lembe ra ndlala a he ngume kusuhe !

The traces of the little antelope (nhlengana) (which one sees in the desert a long way from its lair) recall the year of famine, when one does not stay near home ; (one must go a long way to search for food). See also the several allusions to the year of famine in *Les Chants et Contes des Ba-Ronga*, p. 158, 160 et seq.

undergo a number of ceremonies of a social rather than of a physiological character. 561 827

But, in addition to these conceptions of human life, which determine so many acts and customs, there are at least *five physiological phenomena* which are believed to be attended with defilement, and which call for special precautions and rites : the menstrual flow, the lochia, disease, death and the birth of twins. To protect individuals, the family, or the clan, against these dangerous defilements, is one of the main preoccupations of any adult Thonga ; and to gain this end they submit to endless ceremonies of purification,and observe innumerable taboos ; thus it is plain that these physiological conceptions, absolutely unscientific and wrong as they are, play an immense part in their lives and cause them any amount of unnecessary trouble. 783

I need not deal at length with these five greatly dreaded physiological events. As regards menses, the subject has been treated in Vol. I, p. 187. (Compare Vol. II, p. 47) ; as regards lochia, see Vol. I, p. 43 ; concerning disease, we shall hear further in our third chapter. The tremendous contaminating power of death has been shown in the explanation of funeral rites, and the birth of twins will be studied more closely in the next chapter. The importance of these facts in the system of taboos will also be explained in Chap. IV.

The sexual act, though not considered as attended with contamination in the same manner as the five other physiological facts just referred to, is, however, subject to very characteristic restrictions. I have already explained them when dealing with conjugal life (I. p. 188). It will, however, perhaps not be superfluous to treat of this question again, considering it in its physiological aspect and in relation to the Bantu conception of Nature, and giving at the same time precise references to all the cases hitherto met with. 827 834 783

Let us first remark that, as some of my informants said, the sexual act when indulged in before marriage, by boys and girls in their gingisa (I. p. 150) has quite another bearing than when accomplished by married people. It would seem that it is not the physical act in itself which is attended with all these taboos,

but the act in as far as it is a regular manifestation of the collective life of the family; in this case only does it have its terrible repercussion on the life of the community. Married people who have regular sexual relations, "who are hot," constitute a danger in the three following connections.

1) They are dangerous to those *individual members of the community* who are in a weak state of health and in whom disease would gain new strength if they entered into contact with married people. This is true of the master of the village when he is seriously ill (I. p. 133), of the mother who has given birth to a baby (I. p. 43), of the baby itself which is considered as "being not yet firm," (and sexual relations are forbidden to its parents until they have tied the cotton string round its loins) (I. p. 45, 58); of circumcised boys (I. p. 80, 93); of convalescents, who must not tread on the same paths as married folk or, if they do so, must tie round their ankles a root of the *sungi* juncus as a protection against the emanation, or perspiration (nyuku) which married people have left in their footprints or on the grass. During their whole convalescence sexual relations have been strictly forbidden to them (Ch. III. B. III. 4).

2) Sexual relations constitute a danger *to the community itself* as a whole, when its existence is threatened. They are prohibited in time of epidemic. Mboza, having heard that a proclamation had been issued in Lourenço Marques on account of an epidemic, was convinced that the object of the decree was to suspend sexual relations amongst the White community! The same law applies to all marginal periods, because these are critical times in which the life of the community is threatened. This is the case during the Great Mourning (I. p. 150). Mourners must *keep quiet;* if not, there might be quarrels, the mourning might "overcome them." Again when moving the village to another place (I. p. 320), the same rule must be observed.

3) Married people again are taboo in certain operations or pursuits, the success of which would be endangered if they took part in them or if they indulged in their ordinary relations. It must not be a married person who sets fire to the furnace in which

the potteress fires her pots (1) (p. 115). Why is this so? No doubt because if married people, who are hot, did it, the fire would become uncontrollable and all the pots would crack. The same reason explains why sexual relations are so strongly prohibited in hunting and fishing. The game or fish would be so wild that it would be impossible to catch it ; big game would probably kill the hunters (p. 61). 834 783 827

This conception of the sexual act explains why certain functions in the ritual must be performed by young children, still without knowledge of sexual matters, or by old women past the time of childbearing and consequently belonging to the asexual class (I. p. 466).

How is it possible to explain, on the other hand, that this act, so severely prohibited on so many occasions, should be the great purifying act by which the community gets rid of the defilement of death and returns to normal life? We have seen that this is the case after the death of an important person in the village as well as when the village itself moves to another place, probably in consequence of defilement by the loss of some of its members. Notice that the sexual act, in order to obtain the desired result, must be accomplished in the ritual fashion, i. e. s. n. i. (I. Annotatio 2 and 13). It would seem that, in the Thonga mind, death defiles not only the belongings of the deceased, his implements, his assegais, even his fire, but also his parents, even the parents of his wife, and above all, those secretions of the genital organs which are the very fountain of their life, and through which the community is maintained and multiplied. They must be cleansed in order that the social group may re-enter upon a normal state. The ceremonies which we have described (I. p. 152-156 and 320-328) are highly significant. Each couple must perform the rite in turn and all must participate in a collective lustration which takes 834 783 761 827

(1) According to the Rev. Ed. W. Smith the same rule is observed in the smelting operations of the Ba-lla. A little boy and a little girl are put into the kiln when it is about a foot high and they must crack a bean in their mouths and swallow it. We have here a very good example of Bantu primitive philosophy. The innocence or, as we may say, the *coolness*, of the little ones will prevent the flame from being too fierce and spoiling the whole operation, whilst the slow cracking of the bean will ensure the success of the smelting process (Smith and Dale, *The Ila-Speaking People*, I. p. 205).

834 place at a given spot and according to a given order of precedence. This will bring about the definite restoration of the village and a new and pure life will henceforth be possible.

I ought perhaps to offer some excuse for having dwelt at some length on a subject which is generally left alone as indelicate. I hope however that my readers will agree with me that all these physiological conceptions and all these strange customs, far from being of a lascivious or licentious character, denote, on the contrary, a deep and earnest conception of life and an aspiration towards purity which it is most interesting to observe. They are at the same time amongst the most striking manifestations of Bantu Dynamism.

827 Beside these great principles of Thonga physiology, I may mention a few other ideas relating to the various secretions of the human body.

Spitting (ku thuka) is a sign of want of respect, as we have seen (p. 310). It is especially prohibited in the presence of people who are eating, and if any one should spit, they will insult the culprit, saying to him : "Eat your own shikohlolo!" — When some one expectorates, others present will cover the phlegm with sand, not on account of taboo, but from disgust.

826 *Blood* (ngati, yin-tin) is also instinctively covered with sand, as soon as it has been shed. This is a taboo, because wizards might use it to bewitch you! The charms of the wizards are commonly called *tingati*, bloods.

827 As regards *sweat* (nyuku, mu-mi), although I cannot assert that the idea is universal, I think it is conceived as coming from outside and falling on men like the dew (mbere) on the grass. When they enter a place which is close, Natives say : "There is sweat here." The etymology of this word is *ku nyuka*, to melt.

Excrement (matjimba) is looked upon as disgusting, but there is no taboo in connection with it.

Yawning (yahlamula) is attended with no superstition.

Hiccough (shitikwane) is not feared in children, but very much so in the case of sick people.

Belching (bisa) is sometimes considered as the result of having been bewitched, especially if the patient becomes thin. Magicians

782 headmen, then the younger brothers in order of age. There
769 is a stringent taboo directed against the person who precedes
796 his superiors in the enjoyment of the first fruits, this law being
554 applicable to Kafir corn or bukanye in certain clans, and also to sorghum, pumpkin leaves and beer, etc., in others (1).

834 The sexual taboo is also enforced. Those who contravene this
782 law are said to "destroy the efficacity of the offering, nyumbisa mhamba." At the Ngoni Court, where sexual excesses were prevalent (see I. Annotatio 14) it is said that the chiefs used to remain continent for a fortnight at the time of luma. The reason of this taboo is probably the fact that the luma signifies the entering upon a new year, a new season, and is thus a rite of passage.

782 The religious meaning of the rite is clear : the gods, if deprived of the right they possess by virtue of their hierarchical position, would avenge themselves by threatening the harvest ; so they must be given their share first.

In the Maluleke clan, in which the customs seem to have been influenced by the Ba-Nyai, there is also a regular offering at the capital, when *the crops are still growing*. Rangane describes it as follows : "When the chief sees that the Kafir corn is threatened by the vermin in the fields, he says : "Perhaps the masters of the country (i. e. my ancestors who are dead) are angry ; perhaps I have not worshipped them fittingly." He summons the sons of the royal family (mangalakana) from all parts of the country, prepares beer, and selects a goat for the sacrifice ; they assemble around the graves with the sons and the uterine nephews, where they worship, and then, after eating all that is to be eaten, they return."

The special national offerings are those in connection with rain. If the rain falls at the right season, the sacrifice will not be made ; but should it fail to do so, the whole ritual will be gone through. This sacrifice for rain, is, as has already been mentioned (p. 318) called *phokolo* amongst the Bilen clans, and is performed in the

(1) Amongst the Malulekes a *second luma* is necessary after harvest, when brewing the first beer. It seems that the sub-chiefs or even headmen, settled in districts far away from the capital, can obtain a special license to perform the luma ceremony on their own account, but they must first apply for this permission, and after having finished, they must forward the chief's share to him.

village is at once removed. Leprosy is called *nhlulabadahi*, the disease which is stronger than the doctors. It is very much dreaded ; lepers are not, however, segregated ; they live in the village with other people and even attend beer-parties, but they bring their own mugs, whilst every other guest receives a drinking utensil from the master of the village. 758

Another disease which is believed to be contagious is "possession" by the *Bandjao spirits*. Should you pick up on the road some object which belonged to one of the possessed, his madness will jump to you (tlulela). — Epilepsy is also dreaded on that account. A nursing woman must not see any one suffering from an attack of this disease, or the child which is on her shoulders will become epileptic. 753 828

Speaking of the conception of disease, I must remind the reader of the fact that *sexual relations* between the inhabitants of the village are believed to aggravate the condition of the patient dwelling in it (I. p. 133, II. p. 358), and are consequently forbidden during epidemics and in any case of serious illness. Hence the precautions which convalescents must take of wearing the *sungi*, as we have just seen. 753 834

4) The special rites which mark the end of an illness throw much light on the Thonga conception of disease. A serious illness constitutes a marginal period either for the individual concerned, or, in the case of an epidemic, for the community, and the hondlola rite is the method by which the patient is reintegrated into society ; it clearly has the character of a passage rite. The rubbing with psanyi, the removal of the defilement of disease, the throwing away of the "timbhorola," the cutting of nails and hair, all these are rites of separation from the period of disease, whilst the feast of the hondlola day, and the resuming of sexual relations (1) are rites of reintegration. In the disease of possession, as we shall see it is the reintegration into the society of spirit-possessed persons and amounts to an initiation. 763 783 184 755

(1) We often hear of a Christian woman, who has gone to a heathen medicine-man for treatment, having sexual intercourse with him. We generally attribute this fact to immorality alone, but it was probably a part of the treatment, at the precise moment when sexual taboos were removed.

all the people clapping their hands (wombela), to encourage him, as an accompaniment. — The *horns and hoofs* will be carefully kept, and placed on the roof of the hut, just over the door (shirañwin) by which the afflicted one enters, evidently to protect the abode from malign influences. — The *astragalus* will be tied, together with the strips, on the sternum of the patient. — The *bones* of the goat are the objects of special care. They must not be broken to eat the marrow, but burnt in the shade of a large tree, where it is "cool." So the possessing spirit will also be cool (titimela) and not too wild. Sometimes they are preserved in a special pot, and burnt on the day of the hondlola.

The period of convalescence[1] then begins. It lasts one year, and is a distinct marginal period, as clearly appears from the fact that sexual relations are absolutely forbidden during that phase, and until the hondlola. It is also, more or less, a period of apprenticeship, as the possessed will become an exorcist himself, if his magical powers become sufficiently developed. He accompanies the gobela everywhere, assists him in his cures, and so learns the art of exorcism. The apprentice will also have to practise the rites of protection, which I shall shortly describe, and which are obligatory during the whole period of convalescence, and even later.

4) The final purification of the hondlola and investing with amulets (timfisa).

As we saw, the hondlola, the removal of defilement of disease, is necessary at the close of any illness. So, when a possessed person is regarded as healed, he will have to pass through this rite. It can however only be carried out on the one condition that the possessed husband, or wife, has remained in a state of continence during the period of convalescence. In order to know if they have obeyed this law, a fowl will be placed on the head of the patient. If he, or she, has been continent according to order, the bird will remain quiet ; it will not fly away, even should someone approach and pass close by. If it flies off making a great noise, the angry exorcist will also take his leave, saying :

[1] [For the individual whose spirit was possessed — Analyst]

3) How are taboos *dealt with?* 784

Happily the danger of taboos can be removed, otherwise life would be almost impossible! The medicine-men have the 789 necessary drugs to protect their poor fellow-men against the misfortune (khombo) which is always threatening them! Is not the whole arsenal of magic at their disposal? Rites in great numbers provide the necessary protection, especially the *luma rite*, which is the proper method of avoiding the special dangers connected with the *first use* of anything. The wish to obtain protection against all these dangers explains the immense influence of the medicine-men, of those who know the preventive drugs to be used against defilement and misfortune.

It is impossible to attain to a true knowledge of the taboos 784 without studying the laws of *their suspension*. Taboos are sometimes suspended. The chief, for instance, is above them, at any rate above some of them, being himself a magical being, a tabooed personage (I. p. 382). The collectivity has a still greater power over them and can cancel them. There are times when all these prohibitions, or at least some of them, are withdrawn; these are the marginal periods, when we behold the strange spectacle that ordinary taboos are suspended (language taboos, relatives-in-law taboos), whilst others are enforced (sexual taboos). I have often drawn attention to this curious phenomenon.

B. MORAL RESTRAINTS.

But taboos are not the only kind of restraint to which primitive 183 Bantus submit themselves. The following statements have been 604 collected from old or young informants who were urged to express their inner feelings on this question :

1) The maternal uncle must provide the ntehe for the first child of his sister. However this is not *yila*, it is a *nau*, a law, and if it is transgressed no direct harm will follow. (I. p. 46.)

2) Men and women do not bathe in the same spot in the lake 183 of Rikatla. Why? Not on account of a yila, but on account of 834

183 *shitshabo*, viz., fear, or respect (1). There is no danger in transgressing this law of decency, but to do so is condemned.
834

3) When a young man has transgressed the taboo of *matlulana* (I. p. 197), having had sexual relations with the same woman as another man, he is not allowed to attend the burial of his rival. It is a taboo. However, if the deceased is his own father, the culprit can be treated with drugs, and so fulfil his duty of grave-digger, being protected against the dangers of his condition : "The *yila* has been removed, but the *biha* remains." *Biha* means that which is bad.

183 577 So there are three domains, besides the yila, in which the Native is conscious of the restraints imposed upon him : law or custom, respect or decency, and duty or *fanelo*. To these might be added a fourth, the disgust for a certain food (p. 83). The great difference between the taboo and the other prohibitions is that the transgression of the latter is not necessarily attended with danger (2).

Let us consider more closely the idea of *fanelo*, or duty.

192 183 577 Fanelo comes from *ku fana*, to be alike ; fanela is what is seemly, becoming. This is not as yet a very high notion of morality. The moral sense, however, certainly exists and this is proved by three facts :

1) The richness of the vocabulary expressive of moral ideas. There are more words applicable to the negative side of the idea and signifying *bad*, than to the positive, signifying *good* ; a phenomenon which may be observed in most primitive languages, even in our French patois. *Ku biha* means to be bad, morally speaking, and to be ugly, esthetically speaking. The distinctiveness of the two domains exists, however, in the mind of the Native. He says : "behile mbilu" — "is bad in his heart," or "behile liso" — "is ugly as regards his face." *Shibi*, the derivative noun of the verb ku

(1) I have heard the mixed bathing of men and women also called a yila, but it is a special kind of yila, *the yila of tshabisa*, the taboo of respect or decency.

(2) I would not, however, insist too strongly on the distinctiveness of these five domains. Theft and murder are prohibited on account of *duty*, but they become taboo if the culprit is discovered, because they will bring punishment upon him. The moral wrong of these acts was perceived *before* their dangerous character, and we have here an instance of a taboo grafted on a moral, or social, prohibition.